

## Helping Members Refill Their Cup with Responsive Benefits

In 2022, Portico invited plan members to use their full range of benefits to care for themselves following the challenges and stress of the last few pandemic years. We continually seek cost-effective and nimble ways to support ELCA leaders, congregations, and organizations with high-quality, innovative, and stable benefits that promote holistic well-being.

- ELCA-Primary health benefits provided both in-person and virtual access to health care and wellness resources.
- Portico's Financial Planners and LSS of Minnesota helped ELCA Retirement Plan members navigate the weight of rising interest rates and market downturns through no- or low-cost financial planning, coaching services, and financial education.

In recent years, we've added several eligible ELCA- and full-communion-partner organizations to the Portico community. Growing the number of members we serve helps us manage costs and offer innovative benefits not typically available to smaller groups, affirming the importance of church together.



**The Rev. Jeff Thiemann**  
President & CEO

### Meeting the Need in 2022

**232**

#### Podcast Plays

Of the "Creative Approaches to Innovative Ministry" episode of Being Here last year.

**16,002**

#### Total Pounds Lost

Through the Omada prevention program since it launched in 2018, with 2,643 pounds lost in 2022.

**591**

#### Retired

With Portico's bundled benefits program — Congratulations to these faithful servants!

**1,132**

#### Webinar Views

Of the annual Retirement Readiness Series (live and on-demand).

**3,080**

#### Medical Visits via Text Based Care

Through 98point6®, our virtual primary health care service.

**9.75%**

#### Increase in Net Membership

Over the past 5 years.

**3,952**

#### Health & Fitness Classes Completed

On Portico's online Bernalong platform.

**Over \$2M**

#### Debt Paid Off

By plan members working with LSS of Minnesota financial counseling since the partnership began.

**86%**

#### Very Satisfied

With our Customer Care Center, certified for excellence since 2015.