



a peace of my mind
storytelling and art that **bridges divides** and **builds community**

Share your story.

A Peace of My Mind is an interactive storytelling project and at our event, we hope you will add your voice by answering this question:

Tell me a story of a time you felt included in or excluded from a group or community.

The process is simple and doesn't take long.

The studio for A Peace of My Mind will be set up on Saturday, January 28 at Holy Cross Lutheran Church during our Together in Mission event.

You write your response to the question in 25 words or less and get a B&W portrait taken. Your quote and portrait will be combined, and the entire body of work shared back as a way to reflect the stories and values of the community. Each participant will receive a digital copy of their final portrait and quote.

A Peace of My Mind is a "come as you are" experience. No need to dress up, you are perfect just the way you are. Likewise, we want to hear your truth. There are no right answers and no wrong answers. You have broad latitude in how you interpret the question. A Peace of My Mind offers an exercise in listening so that we can start to see ourselves and our peers in new ways.

If you need help editing your story, if you have trouble getting it down to 25 words, if you are uncertain of how to say the thing you want to say, the crew for A Peace of My Mind is available to help.

Feel free to start thinking about your response to the question before the event. You are welcome to fully craft your response ahead of time and arrive at the studio with your release form all filled out or show up at the studio with nothing at all and we will figure it out together.

I always tell people this is public art, and it only works when the public shows up. I'm looking forward to seeing you there.

John Noltner
Founder and Executive Director
A Peace of My Mind